



Connecting and Supporting Adoptive Families

Adoption is a life-long process and we recognise the many different kinds of support needed at various times of your journey by you and your family.

Whether you are new to adoption or several years down the line, you have a child in need of assistance, or you are a teenager looking for answers, everyone has different needs.

Here at CCS Adoption, we offer a range of services to help families in the South West area in: Bristol, South Gloucestershire, Gloucestershire, Somerset, Bath and North East Somerset, North Somerset, Swindon and Wiltshire.



0117 935 0005
activities@ccsadoption.org
www.ccsadoption.org/adoption-support/



Social Work Support

Our Social Workers and Assistant Social Workers play a crucial role in supporting you and your family. Their holistic support includes:

-  Gathering information and resources to create tailored support that meets the unique needs of your family.
-  Maintaining communication with you, the Local Authority children's teams, and other relevant health, education, and social care services to ensure a coordinated approach to support.
-  Acting as advocates for your family, ensuring needs and concerns are heard and addressed by the relevant authorities and services.
-  Offering direct assistance and emotional guidance to help you and your family navigate the challenges of adoption, ensuring you feel supported and understood throughout the process.

Therapy Service

Our Therapy Service has been developed specifically to help and support your family. Our multi-disciplinary, professional associate team of qualified and experienced psychologists and therapists both assess and provide a **range of therapies** for adoptees and adopters.

We offer lifelong support to CCS adoptive families which includes:

-  Consultations and clinical assessments with Clinical Psychologists.
-  Therapy packages, which can include a variety of therapy types with a wide range of associate therapists.

Contact us at therapeuticservices@ccsadoption.org to learn more.

Activities & Social Events

Our programmes aim to provide you and your family with new skills, build up your confidence and self-esteem, enable you to meet others who will have similar backgrounds and challenges, and have fun! Check out the [calendar](#) on our website for the dates, and get in touch with us at activities@ccsadoption.org if you have any enquiries. All our activities & social events are funded by charitable giving.



Tots

This is a great place if you are a new adopter to take your adopted children (aged 0-4) one morning per week and play in a safe and friendly place while making connections with other families.

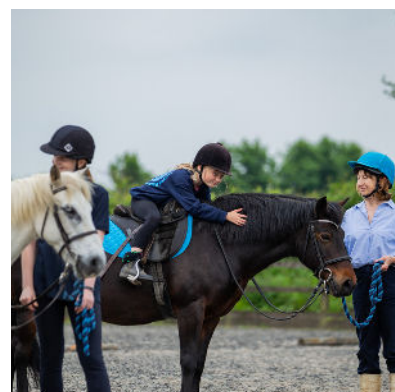
Mondays and Thursdays

Family contribution of £30/£35 per term

HorseWorld

Discovery boosts the confidence, emotional well-being and life chances of disadvantaged and vulnerable children and young people through an innovative learning programme that brings them together with gentle rescued horses.

Family contribution of £150 for the programme



Wild 'n' Free

You and your family will have the opportunity to spend the morning together in the woods playing, exploring and learning new woodland skills, finishing with lunch together around a cosy campfire.

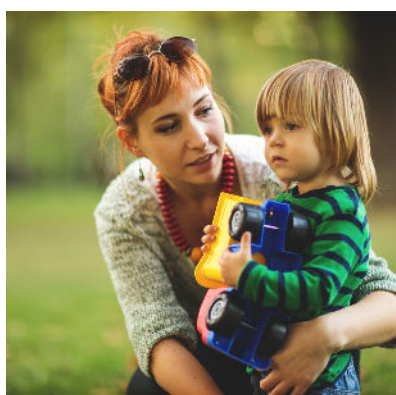
CCS Adoption families only

Family contribution of £10

LGBTQ+ Coffee Mornings

A relaxed meet-up for LGBTQ+ adopters and prospective adopters on a Saturday morning, to chat and share your experience of adoption. Families and children are welcome.

Once a month



Solo Adopters

If you are a solo adopter, come and join us in these one-off events with your family! This is a great opportunity for you to meet other adoptive parents and try out a new activity every time!

Check Calendar to see what's on

Holiday Hub

We support your family during the Easter and Summer holidays by organising a range of fun activities for your children and young people to take part in and try out a new hobby/activity!

Family contribution of £15 per session



Family Fun Afternoons

These Sunday afternoons are a great opportunity for you to meet with other adoptive parents and their children. From a woodland adventure at the Roundhouse to a fun children's play session, you will find something new to try every time!

Check Calendar to see what's on

Watersports Programme

This activity programme by All-Aboard Watersports offers group and individual paddle activities, kata canoes, paddle boards, kayaks and more! These aim to support your child/teenager in individual, and group skills, resilience, trust and relationships.



Family contribution of £100 for the programme



EFC - Boxing Programme

Boxing Therapy Programme designed by Empire Fighting Chance aims to support adopted children and young people with obstacles in their mental health whilst promoting improved physical fitness and well-being along the way.

Family contribution of £20 for the programme

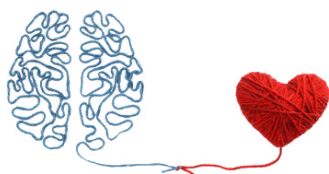
Our Partners



Courses & Workshops

Here at CCS Adoption, we schedule regular courses and one-off workshops to support you parent your adoptive family and increase your and their resilience.

Hearts & Minds



A 6-week specialist therapeutic parenting programme focused on the 8 habits of the thriving adoptive family, including strategies on how to embed these into your daily family life.

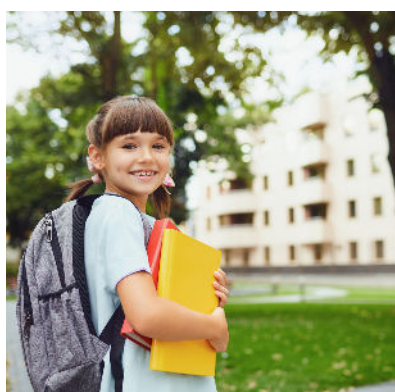
Contribution of £500 pp. Can be funded through ASGSF

Signals of Safety

A NEW 4-week therapeutic parenting programme on approaches for eating, sleeping and toileting in adoption.



Contribution of £590 pp. Can be funded through ASGSF



Bridges and Anchors

This NEW therapeutic parenting programme has been specifically designed to help you navigate your children's transition challenges.

Contribution of £590 pp. Can be funded through ASGSF

Training

Here at CCS, we offer comprehensive adoption training throughout your post-placement stage. Contact us at training@ccsadoption.org to learn more.

Family contribution of £70 per session



CATCH

This online platform developed by PACT provides accessible tools for families and professionals supporting children who have experienced early life trauma.

Contact your social worker for joining details.

CCS Adoption parents only



Explore our **Events Calendar** to find out more about what's happening now.



More Support

Here are other places where you and your family can get more support from.

We Are Family

Peer support community by adopters, for adopters. They provide support groups and free access for adopters to their Member Hub, which contains useful resources for adoptive parents. Check out their [website](#) to learn more.



It Takes A Village

Charity organisation run by adopters for adopters. They aim to support and empower adopters to establish local groups that meet the needs of adoptive families in their area. Check out their [website](#) to learn more.

