



Useful Books

 LGBTQ+ Themed

 We Highly Recommend

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Books for Adults:

A Child's Journey Through Placement	Vera Fahlberg - CoramBAAF
Adopted Children Speaking	Caroline Thomas & Verna Beckford with Nigel Lowe & Mervyn Murch- AAF
Adoption Conversation	Renee Wolfs
Attachment and Loss	Vera Fahlberg
Adopters on Adoption	David Howe
Attachment Focused Parenting	Dan Hughes
Attachment, Trauma and Resilience: "Therapeutic Caring for Children"	Kate Cairns
Approaching Fatherhood	Paul May
Big Stepf for Little People	Celia Fostug
Brain-Based Parenting: The Neuroscience of Love Giving for Healthy Attachment	Daniel Seigel, Dan Hughes and Jonathan Baylin
Building the Bonds of Attachment: Awakening Love in Deeply Troubled Children	Dan Hughes
Coming Home to Self: The Adopted Child Grows Up	Nancy Newton Verrier
Elephants Never Forget	Kay Coleman and Eileen Jenkins
From Fear to Love	Bryan Post
Half a Million Women: Mothers who lose their children by adoption.	David Moore, Phillida Sawbridge and Diana Hinings
Making it Alone: A story of the care experiences of young black people	Lynda Inee
New Families, Old Scripts	Caroline Archer and Christine Gordon
First Steps in Parenting the Child Who Hurts	Caroline Archer
Lesbian and Gay Fostering and Adoption: Extraordinary Yet Ordinary	Stephen Hicks and Janet McDermott
Adopting the Hurt Child	Gregory Keck and Regina Kupecky
Parenting the Hurt Child	Gregory Keck and Regin Kupecky
Preparing for Reunion	Julie Feast, Michael Marwood, Sue Seabrook and Elizabeth Webb
Parenting with Love and Logic	Jim Fay and Foster Cline
Raising Boys and Raising Girls	Teve Biddulph
Real Parents, Real Children	Holly Van Gulden and Lisa M Bartels-Rabb
Talking about Adoption: To Your Child	Pure Chennells and Marjorie Morrison

Teenagers and Attachment	Andrea Perry
The Adoption Experience: Families who give children a second chance	Ann Morris
The Great Behavior Breakdown	Bryan Post
The Pink Guide to Adoption	Nicola Hill
The Primal Wound: Understanding the adopted child	Nancy Verrier
The Science of Parenting	Dr Margot Sunderland
What Every Parent Needs to Know	Dr Margot Sunderland
We are Family: Sibling Relationships in Placement and Beyond	Audrey Mullender
Whatever Happened to Adam: Stories of disabled people who were fostered or adopted	Heidi Argent
Why Love Matters: How Affection Shapes a Babys Brain	Sue Gerhardt
Micheal Rosen's Book of Play	Micheal Rosen
Empathic Care for Children With Disorganized Attachments	Chris Taylor
Conversations that Matter	Margot Sunderland
Why Can't My Child Behave?	Dr Amber Elliott
The Whole Brain Child	Dr Tina Payne Bryson and Dr Daniel Siegel
The Yes Brain Child	Dr Daniel Siegel
No Drama Discipline	Dr Daniel Siegel
The Simple Guide to Complex Trauma and Dissociation	Betsy De Thierry
How To Talk So Kids Will Listen, And Listen So Kids Will Talk	Adele Faber
Improving Sensory Processing in Traumatized Children	Sarah Lloyd
✔ What Makes a Mum?: My Story From Fostered to Adopter	Not a Fictional Mum – Giovanna Fletcher
✔ Beyond the Brave Smile: Navigating adoption through the power of relationships	Louise M.Beaumont

Books for Adults and Education Staff:

Attachment in the Classroom	Heater Geddes
Inside I'm Hurting	Louise Bomber
Surviving the Special Educational Needs System	Sandy Row
Teach to Inspire Better Behavior	Sue Gott
Teenagers and Attachment	Margot Sunderland, Dan Hughes and Louise Bomber
Our Class Is A Family	Shannon Olsen
Creating a Trauma-informed Classroom	Sarah Lathan
The Trauma and Attachment Aware Classroom	Rebecca Brooks
Don't Send Him In Tomorrow	Jarlath O'Brien
When The Adults Change, Everything Changes	Paul Dix
My Hidden Chimp	Prof Steve Peters

Books to Support Children with Understanding Adoption:

	We Love You Hundreds and Thousands	Dara Read
✓	Delly Duck: Why Little Chick Couldn't Stay with His Birth Mother	Holly Marlow
	My Forever Family	Sue Banner
✓	The Blanket Bears	Samuel Langley-Swain and Ashlee Spink
	We Belong Together	Todd Parr
	Adoption (Questions and Feelings About)	Anita Ganeri and Ximena Jeria
	Adoption and Me	Mr Alexei Linger Kumar
	The Adopted Dragon	Steve Herman
	Yes, I'm Adopted	Sharlie Zinniger
	We Waited for You: Now We're a Family	Cindy Chupack
	Little Stork's New Home	Ms Carolyn Robertson
	The Adoption Ceremony: A sensitive story to explain the purpose of an adoption ceremony	Holly Marlow
	I Wished for You	Marianne Richmond
	When You Joined Our Family	Nia Tudor
	Two Dads	Carolyn Robertson
	Berner Bane Finds His Family	Winston Smith
	Eddy Finds a Family	Sarah McGeough
	And Tango Makes Three	Justin Richardson
	Find and Family for Tommy	Rebecca Daniel
✓	The Cow That Laid an Egg	Andy Cutbill
	The Teazles' Baby Bunny	Susan Bagnall
	Forever Star	Gareth Peter

Books to Support Children with Grief, Death and Loss:

A Greif Observed	C S Lewis
Death in the Family	Lilly Pinkus
Helping Children Cope with Separation and Loss	Claudia Jewett
Loss	John Bowlby
On Death and Dying	Ross Kubler
✓ The Invisible String	Patrice Karst and Joanne Lew-Vriethoff
Where is Poppy's Panda	David Pitcher and Rachel Fuller
Something Very Sad Happened	Bonnie Zucker and Kim Flemming
A Sky of Diamonds	Glenn Ringtved
✓ Goodbye Mog	Judith Kerr
The Memory Tree	Britta Teckentrup
✓ The Heart and the Bottle	Oliver Jeffers
Feelings All My Greif	Kim T.S
I Miss You	Pat Thomas
✓ The Invisible String Workbook: Creative Activities to Comfort, Calm and Connect	Patrice Karst and Danna Wyss
The Burst Balloon	Cher Louise Jones
Lost In the Clouds	DK and Tom Tinn-Disbury
✓ Badgers Parting Gifts	Susan Varley

Books to Support children With Emotions:

Feelings: Inside my heart and in my head

Libby Walden and Richard Jones



The Colour Monster

Anna Llenas

My Feelings Make Me Stronger

Elizabeth Cole and Julia Kamenshikova

My Body Sends a Signal

Natalia Maguire and Anastasia Zababashika

When I feel Sad
When I feel Angry
When I feel Afraid
Big Feelings

Dr Sharie Coombes

Alexandrea Penfold

Daisy's Dragons: A Story About Feelings

Frances Stickley

How Are You Feeling Today?

Molly Potter

Feelings

Pat-A-Cake



The Big Book OF Feelings

Pat-A-Cake

When I'm Feeling Loved
When I'm Feeling Jealous
When I'm Feeling Happy
When I'm Feeling Sad

Trace Moroney

Books to Support Children with Their Trauma:

Ted and His Patches (Understanding Domestic Violence and neglect)	Carla Coley
The Bean Seed (Understanding Neglect)	Judith Bush
The Silent Selkie (Understanding Neglect)	Julliet Ttofa
Alex and The Scary Things (Understanding Domestic Violence and Neglect)	Melissa Mess
Spark Learns to Fly (Understanding Domestic Violence and Neglect)	Judith Foxon
What do we think about alcohol?	Jen Green
What do we think about drugs?	Karen Bryant-Mole
Bottles Break (Understanding Alcoholism)	Nancy Marina Grande Tabor
When a Family is in Trouble (Understanding Alcoholism and Drug Misuse)	Marge Heegaard
Help Your Dragon Cope with Trauma	Steve Herman
Teach Your Dragon Body Safety	Steve Herman
It's My Body! (A book about body safety)	Louise Spilsbury
Body Boundaries Make Me Stronger	Elizabeth Cole
Consent Ninja	Mary Nhin
Please Tell: A Child's Story About Sexual Abuse	"Jessie"
The Day My Daddy Lost His Temper: Empowering Children That Have Witnessed Domestic Violence	Dr Carol Santana
Some Day's He Growled (Domestic Violence and Unhealthy Relationships)	N.Kimball Ostrowski

Books to Support Children to Understand Different Family Dynamics:

	Love Makes a Family	Sophie Beer
	What Type of Family Are We?	Lizzy Seaton
	Remixed: An inspiring story about our families	Arree Chung
	A Handful of Buttons	Carmen Parets Luque
	Families	Pat-a-Cake
	My Family and Other Families	Richard Edwards-Middleton
	The Great Big Book of Families	Mary Hoffman
	Pirate Mums	Jodie Lancet-Grant
	In Every House, On Every Street	Jess Hitchman
	All About Families	Felicity Brooks
	Mommy, Mama and Me	Leslea Newman
	Daddy, Papa and Me	Leslea Newman
	Every Family is Different: Even Animal Families!	Constance O'Connor
	What Makes a Family?	Hannah Bruner
	Mummy and Me: A book for Children of Single Parents	Lydia Bright
	The Family Book	Todd Parr
	Two Mums and the Menagerie	Carolyn Roberson
	Dad David, Baba Chris and ME	Ed Merchant
	Josh and Jazz Have Three Mums	Hedi Argent

Books to Support Young Adults and Teens:

You Just Don't Understand - For Teens
(A book about loss and grief)

Winston's Wish

A Therapeutic Treasure Box: Working with Adolescents with Developmental Trauma.

Dr. Karen Treisman

PTSD Workbook for Teen Girls

Sellix Publications

Brainstorm

Daniel Siegal

Parenting Adopted Teenagers

Rachel Staff

Teenagers and Attachment

Margot Sunderland, Dan Hughes and Louise Bomber

Adopted Teens Only; A Survival Guide to Adolescence

Danea Gorbett

Books to Support Contact and Talking About Birth Family:

Where are My Brothers and Sisters?

Hedi Argent

Life Story Work, what it is and What it Means

Shaila Shah

Nutmeg Gets a Little Help

Judith Foxon

Nutmeg Gets a Letter

Judith Foxon

The Story of my Open Adoption (a storybook for children adopted at birth)

Lead Campbell

What is contact? A Guide for Children

Hedi Argent

Books to Support Understanding of Diversity and Race:



We All Belong Nathalie Goss

Not Like the Others Jana Broecker

The Same but Different Molly Potter

Skin: A First Megan Madison, Jessica Ralli and Isabel Roxas

All Are Welcome Alexandria Penfold

Every Child Is Different Luna James

Our Diversity Makes Us Stronger Elizabeth Cole



Welcome To Our World: Celebration of Children Everywhere! Moira Butterfield

Welcome To Our Table: A Celebration of What Children Eat Everywhere! Luna Mucha

All About Diversity Felicity Brooks

The Proudest Blue: A Story of Hijab Ibtihaj Muhammad

Coming to England: An inspiring True Story Celebrating the Windrush Generation Baroness Floella Benjamin

Hey you! An Empowering Celebration of Growing Up Black Dapo Adeola

My Hair Hannah Lee

Look Up! Nathan Bryon

Saving The Butterfly: A Story About Refugees Helen Cooper



She's my Dad! (A book for transgender parents) Sarah Savage



He's my Mum! (A book for transgender parents) Sarah Savage

Books to Support Siblings:

The Kite's Tale	Molly Ashton
So, You've Adopted a Sibling	Holly Marlow
Adopting a Little Brother or Sister	Holly Marlow
Emma's Yucky Brother	Jean Little
Real Sisters Pretend	Meagan Dowd
Gus Becomes a Big Brother	Heather S Lonczak
Am I Supposed to Feel This Way?	Elizabeth Archer
A New Small Person	Lauren Child
Adopting a Brother or Sister	Hedi Argent
Nutmeg Gets a Little Sister	Judith Foxon

Books to Support Specific Behaviour:

What To Do When You Feel Like Hitting	Cara Goodwin
Hands Are Not for Hitting	Martine Agassi
"It Wasn't Me" (Learning About Honesty)	Brian Moses
I Didn't Do It! (A Book About Telling the Truth)	Sue Graves
What To Do When You Dread Your Bed	Dawn Huebner
Brian and The Magic Night. (A Book to Support Bedtime Routines)	Nicola Edwards
Everyone Poops.	Taro Gomi
I Need a Wee!	Sue Hendra
How To Potty Train a Dinosaur	Alycia Pace
Sue From Class Two Has a Problem with Poo	Victoria Smith
Poopasurus	Plum Coconut
It Hurts When I Poop (A story for children who are scared of the toilet)	Howard J Bennett
Teeth Are Not for Biting	Elizabeth Verdick
I Count to Four I Do Not Bite!	Suzanne T. Christian
Germs Are Not for Sharing	Elizabeth Verdick
Your Mouth is Not for Spitting	S.D. Winter

